


★★★★★ **Thick, sticky & overall great yoga mat**, April 19, 2010

By [CaraDawn "CaraDawn"](#)  (Houston, TX) - [See all my reviews](#)
Amazon Verified Purchase([What's this?](#))

This review is from: Aurorae Yoga Mat - Ultra Thick, Extra Long with Focal Point Icon and Illuminating colors that define your Inner Self. SGS approved Free from Phthalates (Misc.)

This mat was my first purchase of a real yoga mat. I consider this my first real yoga mat because the other two yoga mats I have owned do not even compare to this mat! This mat is perfectly thick so that I can hold poses on my knees without having to put a towel down to protect them from the floor. It is comfortable to do head stands in and do just about any other pose. The mat is also perfectly sticky so it is easy to hold a pose and move from one position to another. I absolutely love this mat and this seller. Everything from shipping to their helpful emails and insert in the shipment show that this company really cares about their products. I highly recommend Aurorae for any body that wants a great, comfortable yoga practice.

Also - no yoga mat smell out of the box!